

Elisa Gasparin

Lives in	Lantsch / Lenz
Date of birth	2 December 1991
Squad	Swiss-Ski A squad, biathlon
Free time	Mountaineering, cooking, knitting, mushroom picking
Languages	German, Italian, Romansh, English, French
Ski club	SC Garde- Frontière, Bual Lantsch cross-country ski club
Homepage	www.gasparin.ch
Facebook	https://www.facebook.com/www.gasparin.ch
Instagram	elisagasparin

Career

- **1998 - 2004** Pontresina primary school
- **2004 - 2007** Pontresina secondary school
- **2007 - 2011** Commercial school, Academia Engiadina, Samedan
- **Since 2010** World Cup biathlete
- **2013** Fitness instructor Migros Club School
- **2013 - 2014** Fitness instructor, Gut-Training St. Moritz
- **Since 2014** FCA sports instructor

Biography

I grew up in Pontresina and have been skiing ever since I was able to walk. It used to be just for fun, but when I discovered biathlon, I became ambitious and started training when I was 12 years old. Since my sport occupied a lot of my time and school also became more and more difficult, I had to put my hobbies like artistic gymnastics, playing the piano, riding and dancing to one side or even give them up completely. After finishing school, I concentrated entirely on sport in order to participate in the 2014 Olympics in Sochi, which I successfully achieved. My Olympic



diploma, as the first Swiss biathlete, was the result of years of work. I took a blow in 2015. Overtraining forced me to take a break and abandon the 2015/2016 season. It took me two years to fight my way back to the top and achieve two Olympic diplomas in PyeongChang 2018 (single and relay). I prioritised my sport over everything else and I trained very professionally and seriously to accomplish this. Now I have reached a point where I can build on this to achieve great things. My goal to win an Olympic medal is still a long way off, but every day I give my utmost to get closer to this.

Achievements

Junior World Championships

Kontiolahti 2011 + 2012:

- 7th place individual (2012)
- 9th place sprint (2011)
- 16th place pursuit (2011)

Nové Město 2011:

- 7th place individual

World championships

Khanty Mansiysk 2011: participated

Ruhpolding 2012:

- 10th place mixed relay

Nové Město 2013:

- 13th place relay

Kontiolahti 2015:

- 13th place sprint
- 15th place pursuit
- 22nd place individual
- 25th place mass start

Hochfilzen 2017:

- 13th place relay

Olympic Winter Games

Sotschi 2014:

- 8th place sprint
- 9th place relay
- 31st place pursuit

PyeongChang 2018:

- 6th place relay
- 6th place individual
- 27th place mass start

World Cup

Khanty Mansiysk 2015:

- 14th place mass start

Nové Město 2015:

- 17th place pursuit

Oslo 2015:

- 21st place individual

Antholz 2018:

- 8th place sprint